

# Capital Region BOCES

## How to Register for a *My Learning Plan* Training

**Browser Requirement:  
Google Chrome or Firefox**

- Go to the BOCES Homepage at [www.capregboces.org](http://www.capregboces.org)
- Click on **Trainings & Workshops** under Quick Links on the right



- Click on **MyLearningPlan**



Catalog: Capital Region BOCES/MERIC

Search Options

brain

Search

Between: 02/11/2016 and 07/31/2017

Search Results (1 - 100 of 117)

**1. Excel 2013: Spreadsheets for Educators - Online**  
 Program: NERIC: Model Schools  
 Dates: 2/22/2016 to 3/28/2016

This online course introduces educators to the features of Excel 2013. The focus is on standards-based exercises that can be easily integrated and adapted for educator use across the curriculum. Topics covered may include: new features and functions, using spreadsheets in the classroom and school environment, enhanced gradebooks, conditional formatting, lookup tables, graphing data, importing and filtering data, working with live Web-based data, lists and PivotTables. Participants who complete all the assignments will receive a 15 hour completion certificate. Registrants will be notified by email with course access information.

**Prerequisites:** Must have Internet access and Excel 2013 software. Prior knowledge of Excel is strongly recommended.

**Note:** All participants must login and/or contact the course instructor within one week of the start of this course.

Platform: PC  
 Fee: NERIC Model Schools Districts - FREE  
 Others: \$125  
 Location: Online

Enrolled: 4/15 | Wait: 0/4

**2. Teaching Online 101 - Online**  
 Program: NERIC: Model Schools  
 Dates: 2/22/2016 to 4/18/2016

Teaching Online 101 consists of five modules filled with best practices to increase a teacher's comfort level working in the online environment. The course is designed for teacher's who have NOT taught an online course. The course will begin by taking you through a history of online education and online organizations and teaching standards and conclude with how to establish rapport and support and create feedback for your students. We've edited the course so it should take you approximately 20 hours to complete. There are no fixed due dates for the modules, with the course designed to be taken sequentially. The course needs to be completed by 4/18/16. You will need to work at your own pace, but please keep in mind, the course cannot be completed in one day.

Module 1 - An Introduction to Online Learning  
 Module 2 - The Virtual Instructor  
 Module 3 - Time Management  
 Module 4 - Establishing Rapport in the Virtual World  
 Module 5 - Giving Appropriate Feedback

- Enter a search term in the Search box and click **Search**

Web Registration

MLPPDMS

Help Topics  
 Forgot your password  
 Need an Account

Catalog: Capital Region BOCES/MERIC

Search Options

brain

Search

Select one or more options...

Between: 02/11/2016 and 07/31/2017

Search Results (1 - 4 of 4)

**1. Poverty and the Brain (March 1, 2016)**

Program: Support Services: General Professional Development  
 Audience: Trained professionals, including teachers, school counselors, social workers, psychologists, etc. and other youth-serving professionals.  
 Dates: 3/1/2016

Eligible for 2 NYS SW CEUs and CASAC/OPP credits.  
 Recent research has shown how the chronic stress of poverty can significantly affect the cognitive, social and emotional development of children. This course will discuss the effects of poverty on the developing brain along with focusing on specific research-based strategies to use in successfully working with clients living in poverty.  
 Registration begins at 3:00 p.m. Training starts promptly at 3:30 a.m. Ends at 5:30 p.m.  
 COST: \$40

If there are registration questions, please contact Deb Allen at deb.allen@neric.org or (518) 464-3940.

Poverty and the Brain, Brain Based Mental Health Interventions and the Social Emotional Needs of Teens are designed for all staff who work with youth. Teachers, TAs, PPS staff as well as community agency needs will be addressed in relation to the topics. The trainings are designed to provide an overview of the core issues of poverty, mental health and youth/teens including strategies that can be used by teachers and counselors. Please note that Capital Region BOCES SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0029.

**This class is approved for 2 hours of SOCIAL WORK continuing education credit. Please bring your SW License # with you to the training.**

Enrolled: 23/50 | Wait: 0/0

**2. Brain Based Mental Health Interventions (March 8, 2016)**  
 Program: Support Services: General Professional Development  
 Audience: Trained professionals, including teachers, school counselors, social workers, psychologists, etc. and other youth-serving professionals.  
 Dates: 3/8/2016

Eligible for 2 NYS SW CEUs and CASAC/OPP credits.  
 Our understanding of the brain has doubled in the past 20 years. New knowledge from the rapidly growing field of neuroscience has important implications for the field of mental health. This course will give an overview of the most recent findings in brain research. Key concepts such as neuroplasticity, critical periods of brain development and the impact of stress and trauma on the brain will be discussed.  
 Registration begins at 3:00 p.m. Training starts promptly at 3:30 a.m. Ends at 5:30 p.m.

- Click on the name of the training you wish to take (blue highlighted title)

- Take note of the details of the training information (date, time, location, items to bring, etc.)
- Scroll down and click on **Enroll**

**MLPPDMS**

Activity Details

**Poverty and the Brain (March 1, 2016)**  
Eligible for 2 NYS SW CEUs and CASAC/CPPE credits.

Recent research has shown how the chronic stress of poverty can significantly affect the cognitive, social and emotional development of children. This course will discuss the effects of poverty on the developing brain along with focusing on specific research-based strategies to use in successfully working with clients living in poverty.

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COST: \$40

If there are registration questions, please contact Deb Allen at deb.allen@necic.org or (518) 464-3940.

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This class is approved for 2 hours of SOCIAL WORK continuing education credit. Please bring your SW License # with you to the training.

Meeting Dates

#	Date	Time	Location
1	Tue Mar 1, 2016	3:30 pm to 5:30 pm	Capital Region BOCES, 900 Waterlief Shaker Road, Albany NY 12205

Instructors  
Sponsored By: Sheri Kaplan  
Support Services: General Professional Development

Registered: 23/50

Enrollment Options

Description	Units	Price	Subscriber Price
Professional Development Hours	2.00	\$40.00	\$40.00

Payment Options

**Personal Check**  
Select this option if you will be paying the registration fee via Personal Check.

**District**  
Select this option if your district/organization is going to pay for the registration (district approval required).

Need more information? Send an Email to [constance.miller@necic.org](mailto:constance.miller@necic.org)

**Enroll**

- Select the Log In method
- If you already have a MyLearningPlan account through Capital Region BOCES, click on **"I'm a Registered User"**
- If you do not have an account, follow the instructions in the box

**MyLearningPlan**  
PLAN • MANAGE • LEARN • EVALUATE

Help Login

About Us Contact Us Product Home

Web Registration

**MLPPDMS**

Web Registration

Select Registration Method To Continue

**I'm a registered user** **I'm a new user** **MyLearningPlan.com users**

Select this option if you have already created an account.

Select this option if you do not have an account yet. The account is free and you can use it to check the status of your registrations and maintain records.

Select this option if your organization subscribes to MyLearningPlan.com.

To create a **My Learning Plan** account:

- Click on **"I'm a New User"**
- Enter the information requested
- If none of the options in the drop down menu apply, select **"Other – Not on List"** and **"Community/Other Participants"**
- Be sure to complete **ALL** fields

Capital Region BOCES/NERIC

- If you have an account, enter the login information and click on **Login**

Login  
Email: \_\_\_\_\_  
Password: \_\_\_\_\_  
[Need Help?](#) **Login**

[Return](#)

- Check the appropriate **Payment Method**
- Check **“I agree to the terms and conditions noted above”**
- Click on **Submit**

**MLP PDMS**  
Account Settings  
My Registrations  
My User Profile  
My Statement  
Change Password  
Change Email  
Course Catalogs  
Cap BOCES/NERIC Catalog

**Capital Region BOCES**  
Support Services: General Professional Development  
900 Watenvliet Shaker Road, Suite 102 • Albany, NY • 12205  
Phone: 518-464-5105 Fax: 518-464-2975 Email: [constance.miller@neric.org](mailto:constance.miller@neric.org)

Registration Form

Activity Information

Activity Title: Poverty and the Grain (March 1, 2016)

Meeting Dates/Times/Locations

#	Date	Time	Location
1	Tue Mar 1, 2016	3:30 pm to 5:30 pm	Location: Capital Region BOCES, 900 Watenvliet-Shaker Road, Albany NY 12205

Building/Campus

Enrollment Options

Select an Enrollment Option	Select Units	Enrollment Type	Fee
Option 1/1/1900	2	Professional Development Hours Participants may receive pd-hours for participating in this workshop. Please verify applicability with your local district administrators.	\$40.00

Payment Types

Payment Method: **Select Payment Type**

- District  
Select this option if your district/region is going to pay for the registration (district approval required)
- Personal Check  
Select this option if you are paying the registration fee via Personal Check.

If mailing payment, mail to:  
Capital Region BOCES  
900 Watenvliet-Shaker Road, Suite 102  
Albany, NY 12205

Terms and Conditions

Registrations not canceled in writing 1 week prior to the event will be billed.

Confirmation

I agree to the terms and conditions noted above

**Submit**